

THEME: FAILURE



Hello! BRAVE content is here to be used in whatever way you think would work best for your group but below is an optional session plan that may help you structure your event.

Intro to the evening:

We don't like to think about failure, let alone deal with it, do we?

So often we just don't talk about it and hide the times we mess up from others, sharing only the successes and achievements in our lives. But failure is inevitable for us all, it's part of life and something we need to learn how to manage- so how do we start re-thinking what failure is? Most importantly how do we stop our fear of failing hold us back?

Intro video- Dealing with Disappointment

Following question- did anything particularly stand out to you from the video, or did you learn something new you didn't know before?

Game time- The #Fail Game

Rethinking the F word- Video

Questions to follow the video:

1. Do you remember a time when you failed at something?
2. Why do you think we don't ever talk about failure? Especially on social media?
3. How can failure help us and what can we learn from it?

4. What ways can we remind ourselves in the middle of failure that it's not the end but just part of the journey of learning?

5. In the Bible passage we heard about, were reminded that even when Peter spectacularly failed and denied knowing Jesus, that Jesus used that failure to make his faith stronger. Why don't a couple of you pray short prayers that God will do the same in our lives.

Feedback from group around the last question to generate lots of ideas.

Group prayer (if appropriate)

Lord,

As we think about the subject of failure, we ask for your help.

Help us change the way we see disappointments and failures and remind us that you work through everything in our lives, even the tough parts.

Help us to be brave and step into the unknown,

not being afraid of trying new things because we risk failing at them,

but knowing that your love is secure and you are with us in every single moment.

Amen

Game-

Takeaway from session, these can be sent out or printed off.

