

# STANDING TALL IN THE FACE OF EVERYDAY GIANTS

BRAVE

## CHALLENGE- MARSHMALLOW

### Learning points:

Sometimes our best laid plans just don't work out how we thought they would. Whether it's trying to fit the most marshmallows into a cone and beat the other teams or something bigger and more significant like working hard towards something that doesn't work out the way we planned. The challenge is how we bounce back from stuff that doesn't go our way and how we move forward rather than get stuck feeling like we've lost control and give up.

### How to play:

- Split the group into pairs. Give one person in the pair an ice-cream cone, and the other a bag of mini marshmallows and a chair.
- For this challenge, one young person must lie on the floor with an ice-cream cone in their mouth. The other stands on a chair by the head of their partner and must try and drop mini marshmallows into the cone held in their mouth.
- Time the group for 1 minute and whichever pair have the most marshmallows in the cone by the end of the 60 seconds wins!