

Here’s a few links that you may find helpful in continuing the conversation around this theme:

Online articles

<https://www.beheadstrong.uk/stories/identity-and-social-media>

<https://www.beheadstrong.uk/stories/being-yourself-at-school>

<https://www.beheadstrong.uk/info/wantmore-identity>

https://www.beheadstrong.uk/stories/things-you-thought-you-had

<https://www.beheadstrong.uk/stories/learning-to-love>

<https://www.beheadstrong.uk/stories/learning-to-say-yes>

<https://www.beheadstrong.uk/stories/haha-and-hehe>

<https://www.beheadstrong.uk/info/wantmore-identity-1>

<https://www.beheadstrong.uk/info/wantmore-identity-1-1>

https://www.beheadstrong.uk/info/wantmore-identity-2

Helpful organisations

[https://www.ataloss.org](https://www.ataloss.org/%22%20%5Ct%20%22_blank)

<https://www.tastelifeuk.org>